Home Care Services in NY (Medicaid).

Medicare and other third party payers have very limited provisions for personal care, also called custodial care, services. ADAP provides some home care services for eligible clients; lifetime cap of $30,000. Comprehensive “home care services” are only funded by Medicaid in NY.

The NYC Medicaid Home Care Services Program, part of the NYC Human Resources Administration (HRA) Medical Insurance Community Services Administration (MICASA) was responsible, until Sept 2012, for three types of Personal Care services (PCA): Home Attendant, Housekeeping, and Consumer Directed Personal Care Services in NYC.

To obtain PCA services, a person must become eligible for Community Medicaid, and must get prior approval and a determination of the number of hours per week needed from the local Medicaid (CASA) office.

Medicaid PCS

I. **Home Attendant Services** - personal care assistance with "activities of daily living" such as bathing, dressing, ambulation, transfer assistance, toileting, grooming, meal preparation and light cleaning of patient care area. Employees are called **Home Attendants**.

II. **Consumer Directed Personal Assistance Program (CDPAP)** – ADL assistance or skilled nursing services to chronically ill or physically disabled individuals who have a medical need for help. Employees may have a variety of titles.

Services can include any of the services provided by a personal care aide (home attendant), home health aide, or nurse.

Recipients have flexibility and freedom in choosing their caregivers.

Recipients must be able and willing to make informed choices regarding the management of the services they receive, or have a legal guardian or designated relative or other adult able and willing to help make informed choices.

The consumer or designee must also be responsible for recruiting, hiring, training, supervising and terminating caregivers and must arrange for back-up coverage when necessary, arrange and coordinate other services; must keep payroll records.

III. **Housekeeping Services** - services are limited to 8 hours/week and provide assistance with shopping, cooking, cleaning, laundry and other household chores when needed because of disability. They do not provide assistance with "activities of daily living" (ADLs). Employees are called **Housekeepers**
For Medicaid-eligible persons, CASA may contract with home-care agencies that employ aides to provide Medicaid funded personal care services, and New York State oversees the local social services districts’ administration of the program. These services can be provided BEFORE Medicaid is approved.

A. **Certified Home Health Agency (CHHA)** - a home care services agency which possesses a valid certificate of approval issued pursuant to the provisions of article 36 of the Public Health Law, or a residential health care facility or hospital possessing a valid operating certificate issued under article 28 of the Public Health Law which is authorized under article 36 to provide a long-term home health care program. CHHAs are agile and able to provide services in the interim that it takes the Medicaid Program to approve services or for a Medicaid application to be processed. CHHA personal care workers are called **Home Health Aides**; however, they may be referred to as Home Attendants if the services are provided in the interim before Medicaid approval for services are approved.

- provide part-time, intermittent health care and support services to individuals who need intermediate and skilled health care.
- provide long-term nursing and home health aide services, can help patients determine the level of services they need, and can either provide or arrange for other services including physical, occupational, and speech therapy, medical supplies and equipment, and social worker and nutrition services.
- HHAs provide personal care services including some skilled care
- may sub-contract with licensed home care service agencies to provide some services (below).
- Services may be reimbursed by Medicare (skilled need requirement and limited HHA hours (4hrs/3dys per week for short duration), Medicaid, private payment and other health insurers.

B. **Licensed Home Care Service Agencies (LHCSAs)**

- provide hourly nursing care and homemaker, housekeeper, personal-care attendants and other health and social services.
- Services are available to clients who have private insurance and those who pay privately. In some cases licensed agencies contract with local social services departments (CASA) or certified home health agencies, to provide services to persons with Medicaid coverage.
- LHCSAs cannot retroactively bill Medicaid for services provided (they are not Medicaid providers) and must get payment through the CHHA/CASA.

The **only Medicaid recipient** who can still apply to the CASA offices after Nov. 1, 2012 for home attendant, housekeeping, and Consumer Directed Personal Care Services (CDPAP) are those who:

- Do NOT have Medicare; or
- Have Medicare but have **hospice** services, or
- Have Medicare but need ONLY Housekeeping services (maximum 8 hours/week)
Have waiver services through the Traumatic Brain Injury (TBI) or Nursing Home Transition & Diversion Waiver program, or
Are under 21 years old (applicants ages 18-21 and NO Medicare have the option of applying to the CASA offices Or enrolling in a Managed Long Term Care plan if their functional needs are extensive enough that they would otherwise qualify for nursing home care).

As of November 2012, any applicant over age 21 who HAS MEDICAID AND MEDICARE, with a few exceptions listed above, may no longer apply to the CASA offices for Medicaid PCS. They must instead enroll in Managed Long Term Care plans. There is no longer an option of enrolling with a Lombardi (long term home health care) program.

Other Personal Care Services (not obtained through CASA)

C. EISEP (State and local funding) - assists older people (aged 60 and older) with personal care (such as dressing, bathing, grooming) and shopping and cooking. Clients ARE NOT eligible for Medicaid. Services may include case management, non-institutional respite, ancillary services and other community services.

- EISEP supports and supplements the care provided by families and friends.
- Clients are required to cost share on sliding scale reflecting their income and the cost of the services.

D. Managed Long Term Care programs (MLTC) - are insurance plans that are paid a monthly premium ("capitation") by the New York Medicaid program to approve and provide Medicaid home care and other long-term care services (listed below) to people who need long-term care because of a long-lasting health condition or disability.

- The MLTC plans took over the job the local CASA or Medicaid offices used to do – they decide whether you need Medicaid home care and how many hours you may receive and arrange for the care by a network of providers with which the plan contracts. They also approve, manage and pay for the other long-term care services.
- Services include– nursing, physical therapy, occupational therapy, speech pathology, medical equipment and supplies, podiatry, dentistry, optometry, respiration therapy, transportation and social day care.

E. Long Term Home Health Care Programs – examples are Lombardi/LTHHCP, includes AIDS LTHHCP, Traumatic Brain Injury (TBI), Nursing Home Transition & Diversion Waiver (NHTDW) and Care at Home.

- services provided at home to infirm or disabled persons who are medically eligible for placement in a hospital or residential health care facility and who would require such placement for an extended period of time if such program were unavailable;
- personal care employees are usually called Personal Care Workers.
- All regular Medicaid home care services are provided and the following may be available:
  - Case management by RNs
  - Home delivered or congregate meals
  - Housing improvements and moving assistance
• Respiratory therapy
• Medical social services, nutrition and dietary services
• Respite care, social day care and social transportation

(As of April 1, 2013, "dual eligibles" (have Medicare and Medicaid) who are age 21+ can only access this program if they enroll in a MLTC)

F. **Hospice care** – program that provides care to terminally ill individuals that focuses on easing symptoms rather than treating disease. The emphasis of the program is to help individuals remain at home for as long as possible. The hospice program provides physical, psychological, social, and spiritual support and care for the patient and their family. Hospice also offers hospice residences

• Services offered through hospice include nursing and physician services, medical social services, counseling (including nutrition and bereavement counseling), and physical and occupational therapy. In addition, hospice can provide home health aide and homemaker services, medical supplies and appliances, speech therapy, and short-term inpatient care.

G. **Family Home Care** is an ACS program that provides child care and household management services to families who need help providing a safe, nurturing environment for their children. Through training and support, homecare service providers help families to manage their household independently.

**Two main services offered are:**

**Homemaking** - Homemaking services include training and support to families in child care and household management (i.e. light cleaning, meal preparation, and grocery shopping). These services are directed toward the well child (ren) of the parent who needs home care.

**Home Attendant Services** - personal care to individuals (could be the parent and/or disabled child), including grooming, dressing, or other necessary daily activities.

**Eligibility** – individual may be eligible for Family Home Care if he/she:

• is too ill to care for the child(ren),
• is overwhelmed by caring for one ill member of the household and unable to properly care for your children,
• or the child need help with everyday activities,
• will be temporarily out of the home for an emergency (such as hospitalization), with no one to care for the family,
• needs training in basic child and home management skills to prevent abuse and neglect.

**What is this Family Home Care NOT to be used for?**

Home Care is a service that provides temporary help to families in crisis. It is:

• NOT a babysitting service.
• NOT a permanent housekeeping service.